

**This Is My Body**  
Words and Music by Gary Brucker  
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Intro: E Bsus<sup>4</sup> E Bsus<sup>4</sup> E

E

Here I stand once again, afraid to look at what I've done

Bsus<sup>4</sup>

Not knowing what to say, not knowing where to run

C#m<sup>7</sup>

A<sup>2</sup>

Knowing that all I really deserve is death.

E

Looking up I see your cross, reminded of all you lost

Bsus<sup>4</sup>

Somehow I see your face filled with amazing grace

C#m<sup>7</sup>

A<sup>2</sup>

And all of a sudden it's your voice that rings in my head.

E

Bsus<sup>4</sup>

This is my body. This is my blood.

C#m<sup>7</sup>

A

Given and shed for you out of my perfect love.

E

Bsus<sup>4</sup>

If you are hungry and thirsty for life,

C#m<sup>7</sup>

A

Come to my table, you won't be denied.

E

In response to your call in faith I will come

Bsus<sup>4</sup>

To claim the gifts of your body and blood,

C#m<sup>7</sup>

A<sup>2</sup>

In, with and under the simple, the wine and the bread.

E

I'll come to you and bow my head. I'll lay my sin at your feet,

Bsus<sup>4</sup>

Knowing the price that you've already paid,

C#m<sup>7</sup>

A<sup>2</sup>

Trusting your mercy and grace just to hear once again.

(chorus)

E

As I head back to my place, having just seen your face

Bsus<sup>4</sup>

Tasting salvation that you've won for me

C#m<sup>7</sup>

A<sup>2</sup>

Knowing again that I'm forgiven and free.

E

I stand in awe of all you've done, through the gift of your Son,

Bsus<sup>4</sup>

Wanting to worship with all that I am

C#m<sup>7</sup>

A<sup>2</sup>

For I know its by your Spirit that He is in me.

E

Bsus<sup>4</sup>

This is your body. This is your blood.

C#m<sup>7</sup>

A

Given and shed for me out of your perfect love.

E

Bsus<sup>4</sup>

If I am hungry and thirsty for life,

C#m<sup>7</sup>

A

I'll come to your table, I won't be denied.

E

Bsus<sup>4</sup>

Yes we are Your body. The body of Christ.

C#m<sup>7</sup>

A

Your hands and your feet, to bring others life.

E

Bsus<sup>4</sup>

For many are hungry and thirsty for life.

C#m<sup>7</sup>

A

Use us Lord Jesus with arms open wide.

Extro: E Bsus<sup>4</sup> E Bsus<sup>4</sup> E